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Beautiful Booty

Anal pleasure is about far more than anal sex, it's also about seduction, intimacy and communication. Go slow, pay attention to what you and your partner's bodies are saying, and start your play time well prepared. This guide can help you to set the right mood for plundering booty.

Lubes: When it comes to anal play, too much lube is almost enough and spit or other bodily fluids aren't kind enough for your delicate rear. Choose a high quality product and use lots of it. Pump bottles are a great idea, allowing you to dispense lube easily while keeping the supply free of bacteria from your adventures. Frequently re-lubricate the outside and inside of the anus, as well as anything penetrating it. Once again, too much lube is almost enough. While oil-based lubes remain popular, they are not condom safe and can grow more bacteria. Consider silicone, thick water-based, or silicone-water hybrid lubes. See The Slick List for more tips on picking out the right lubes for your needs.

Safe & Smooth: In order to leave your partner with happy memories that last, come prepared. Not only do male condoms, gloves and dental dams (or regular plastic wrap) provide a safe barrier and new opportunities for foreplay, they also give an extra smooth feel to your toys and body parts. Look for nitrile gloves and polyurethane condoms for the smoothest surface, and combine them with lots of lube. Use only one condom or glove per body part, as the friction of multiple layers can increase the risk of breakage.

Toys: The muscles in the anus have a way of pulling things in further, once they're in part way. For that reason, be sure to only use smooth (watch for seams or chips), sanitary items. Insist on a base that is noticeably wider than any other part of the toy, or that at least has a substantial handle, if you're going in. See The Vibe Guide for tips on materials that can be properly cleaned, or use a condom to cover the item. Items made with a curve or hook for g-spot play can also be used for prostate play, as long as they have that base (aim the bump toward the belly, but only a few inches in). Fingers wrapped in a glove can make the very best toys, while petite vibrators and vibrating plugs can sometimes help the receiver to relax their muscles.

Cleanliness: Before all else, let me quote internet wisdom by reminding you that we're discussing the idea of "sticking it in the pooper." You must be at peace with the possibility of someone coming into contact with a bit of feces, even if you prefer not to. That said, the receiver should avoid eating or special cleansing activities for >2 hours prior to play, if you want to reduce the chance. Remember that enemas and anal washes are often marketed as laxatives, so remove the fluid they came with, replace it with pleasantly warm water. Such products aren't usually necessary, but if you use them then don't do it shortly before play (unless you're into that). Gloves and condoms make for easier clean up, and black ones can make a bit of mess less noticeable. If your tummy feels funny or you think you might need to go to the bathroom later, you can always stick with external play! Never, ever move a toy or body part from an anus to a mouth or vagina without cleaning it well or at least replacing the condom/glove/dental dam/plastic wrap.

Sexuality is our most intimate form of body language with our partners and ourselves. Take your time and enjoy experimenting with several types of anal play and products in order to discover what gives you the pleasure and comfort that you deserve.

