

Sexuality Education and Relationship Coaching

with Dr. Ruthie

Sexuality is the most intimate form of body language in your relationship with yourself and others. You deserve a life filled with pleasure, joy and eroticism. Now is the perfect time to begin exploring intimacy, regardless of your past experiences!



- Find your sweet spots
- Discover your sensuality and orgasms
- Enhance romantic communication
- Understand sexual messages
- Energize recovery from past relationships
- Add new fantasies to your relationship
- Gain dating skills
- Learn new sexual skills and savvy
- Increase your comfort with your body
- Adapt to body & relationship changes
- Incorporate new relationship styles
- Go beyond magazine tips with your own private relationship and intimacy expert

Dr. Ruth Neustifter is a recognized relationship expert, graduate instructor for student-therapists, international presenter and published academic with seven years of experience working with singles and relationships. She works with a diverse range of individuals and relationships around the country, offering general services as well as specialized work in sexual communication and education, recovery from intimate partner violence, and sex and disability.

Sessions are available by phone, online, and face-to-face. Call now for your free initial consultation with Dr. Ruthie and to discuss how you can begin to experience the intimacy, sensuality and pleasure that you deserve.

www.FindNewPleasure.com

(301) 979-9910